

# WINTER MENU

JUNE/JULY/AUGUST 2023



<b>SOUP</b>	<b>CHICKEN VEGETABLE*</b>	<b>POTATO &amp; CORN*</b>	<b>PUMPKIN*</b>	<b>MUSHROOM SOUP*</b>
	Thick Creamy Chicken Vegetable Soup	Hearty Winter Soup	Smooth Creamy Pumpkin Soup	Creamy Mushroom Soup
<b>MAIN COURSE</b>	<b>ROAST CHICKEN*</b>	<b>IRISH STEW*</b>	<b>ROAST BEEF*</b>	<b>STEAMED FISH *</b>
	Succulent Roast Chicken Breast Coated in a Light Gravy	Tender Braised Stew	Oven Roasted Beef Coated in Gravy	Delicate Fillets of Steamed Fish Topped with Remoulade Sauce
	<b>APRICOT CHICKEN*</b>	<b>LAMB CASSEROLE</b>	<b>LASAGNE</b>	<b>BBQ PORK SAUSAGES</b>
	Sweet and Savoury Apricot Chicken Served with Rice	Slow Cooked Rosemary Lamb Casserole	Rich Italian Beef Sauce in Layered Pasta Sheet and Thick Bechamel Sauce	Pork Sausages Covered in Tangy BBQ Sauce
<b>DESSERT</b>	<b>PEACH COBBLER*</b>	<b>BREAD &amp; BUTTER PUDDING</b>	<b>STICKY DATE PUDDING*</b>	<b>CARAMEL CHEESECAKE</b>
	Served with Vanilla Custard	Traditional Bread & Butter Pudding	Date Pudding Served with Caramel Custard	Smooth Creamy Caramel Cheesecake with Crunchy Biscuit Base

\* GLUTEN AND DAIRY FREE OPTIONS - are available upon request, please advise at time of ordering.

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ALLERGEN ADVICE: Suncare takes great care to prevent allergens from entering any meals when not stated in ingredients. Suncare products are prepared in kitchens where allergens have been used previously, therefore products may contain traces of peanuts, tree nuts, dairy, wheat, fish, crustaceans, soy, sesame and/or egg.