

# BREAKFAST MENU

June/July/August 2023



3 DAY	PACK 1	PACK 2
	1 x UHT Milk	1 x UHT Milk
	3 x Cereal Packets (PC)	1 x Loaf of Bread
	3 x Fruit Cups	3 x Vegemite (PC)
	3 x Tea Bags	3 x Honey (PC)
	3 x Coffee	3 x Jam (PC)
	6 x Sugar	3 x Butter (PC)
		3 x Fruit Cups
		3 x Tea Bags
	3 x Coffee	
	6 x Sugar	

5 DAY	PACK 1	PACK 2
	1 x UHT Milk	1 x UHT Milk
	5 x Cereal Packets (PC)	1 x Loaf of Bread
	5 x Fruit Cups	5 x Vegemite (PC)
	5 x Tea Bags	5 x Honey (PC)
	5 x Coffee	5 x Jam (PC)
	10 x Sugar	5 x Butter (PC)
		5 x Fruit Cups
		5 x Tea Bags
	5 x Coffee	
	10 x Sugar	

7 DAY	PACK 1	PACK 2
	2 x UHT Milk	1 x UHT Milk
	7 x Cereal Packets (PC)	1 x Loaf of Bread
	7 x Fruit Cups	1 x Fruit Loaf
	7 x Tea Bags	7 x Vegemite (PC)
	7x Coffee	7 x Honey (PC)
	14 x Sugar	7 x Jam (PC)
		7 x Butter (PC)
		7 x Fruit Cups
	7 x Tea Bags	
	7 x Coffee	
	14 x Sugar	

(PC) - Portion Control one use packets

PH:-1800 786 227 | [www.suncare.org.au](http://www.suncare.org.au) Facebook /suncarecommunityservices

**ALLERGEN ADVICE:** Suncare takes great care to prevent allergens from entering any meals when not stated in ingredients. Suncare products are prepared in kitchens where allergens have been used previously, therefore products may contain traces of peanuts, tree nuts, dairy, wheat, fish, crustaceans, soy, sesame and/or egg.