

# Community Centres' Activities Program August 2022

Questions about an  
Activity??  
Call 1800 786 227

Customers are welcome to attend these in-house activities at our Community Centres below.

**Suncare Community Centre**  
2-8 George Street, Maroochydore,  
4558

**Buddina - 50 Iluka Avenue, Buddina,**  
4575

**Nambour - Anglican Parish Hall**  
174-176 Currie Street, Nambour  
4560

## Belly Dancing

**Tuesdays - 9.00am - 11.00am**

2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

## Indoor Bowls

**Tuesdays - 1.00pm - 4.00pm**

2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

**Fridays - 8.45am - 11.45am**

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

**Sundays - 1.00pm - 4.00pm**

7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

## Cards (Hand & Foot)

**Tuesdays - 12.45pm - 4.00pm**

2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

**Thursdays - 12.45pm - 4.00pm**

4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

## Latin Dance

**Thursdays - 12.45pm - 4.00pm**

4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

## Chair Yoga

**Fridays, fortnightly - 11.00am - 12.00pm**

12<sup>th</sup>, 26<sup>th</sup>

## Craft

**Mondays - 9.00am - 12.00pm**

8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>

(Not on first Monday of each month)

## Art Class

**Wednesdays - 10.00am - 12.00pm**

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>

## Mahjong

**Wednesdays - 1.00pm - 4.00pm**

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>

**Fridays - 9.00am - 12.00pm**

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

## Sunshine Charity Sewing

**Wednesdays - 12.30pm - 4.00pm**

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>

**Fridays - 12.00pm - 3.30pm**

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

## Ageless Grace

**Thursdays - 1.30pm - 2.30pm**

4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

## Mahjong

**Mondays - 1.00pm - 4.00pm**

1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>

**Fridays - 1.00pm - 4.00pm**

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

## Social Day

**Fridays - 9.00am - 1.00pm**

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>

26<sup>th</sup> - Outing for the last Friday of the month!