



Social Connections Program

38 TORRES CRESCENT, NORTH LAKES, QLD, 4509

NORTH BRISBANE

JUNE 2026



Scan the QR code to help
shape Suncare's social
connections program.



Important information



BOOKING PROCESS:

Suncare is improving the way we manage registrations for our Social Connections programs.

Customers interested in attending our in centre based activities or social outings will now have from the 1st - 14th of each month prior to register interest in specific activities.

Expressions of interest will be received either by calling Suncare on 1800 786 227 or submitting an email to contact@suncare.org.au.

We kindly ask you do not contact your Lifestyle Coordinator as this will help ensure your interest is not missed.

ACTIVITY PRICING:

Suncare activities that attract additional pricing, including costs associated with tickets, meals or purchases are at your own cost. Where possible, prices will be listed.

TRANSPORT:

Transport is available to and from activities and outings, depending on your catchment area. Transport is charged separately. Times may vary, but the duration of activities remains the same.

CANCELLATION POLICY

Suncare policy requires all cancellations for scheduled in centre activities and social outings to be communicated with Suncare at least 24 hours or 1 x full business day, prior. Failure to notify Suncare will result in you being billed for the cancelled service.

This process allows us to ensure we have the correct resources for each activity and provides opportunity for someone else to attend in your place, that may have been on a waitlist.

CONFIRMATION CALLS:

Suncare will only contact those customers scheduled to attend an outing to confirm estimated transport pick up time. This call will be made the day before the outing.

WAITLISTS:

Suncare will make every effort to avoid waitlists for people wanting to participate in our in centre activities or social outings by applying additional resources where possible.

However, on occasion, this may be unavoidable. If a new spot becomes available, Suncare will use a lottery system to ensure it is fair and reasonable for everyone.



In Centre Day Respite - Coming Soon!



Caring for a loved one is meaningful and rewarding, but at times, it can also be tiring and demanding. Taking regular time to rest, recharge, and look after your own wellbeing is essential for both carers and those they support.

Suncare's Day Respite program is designed to ease carer strain while providing a positive experience for customers.

Suncare's Day Respite program provides a safe, friendly, and engaging place to spend the day, offering the perfect balance of social connection, enjoyable activities, and supportive care. Our programs are designed for people who would like a day out in a relaxed environment while being supported by our caring and experienced staff.

Each Day Respite session offers a variety of activities that encourage connection and wellbeing. Depending on the day, this may include group games, creative activities, gentle movement, music, outings, or simply time to chat and relax with others.

Customers are encouraged to take part at their own pace, with plenty of choice and flexibility throughout the day.

Morning tea and lunch are provided, making it a comfortable and enjoyable experience from start to finish.

Day Respite offers valuable peace of mind for carers, knowing their loved ones are spending the day in a supportive setting, building friendships, and enjoying meaningful activities. Whether you attend regularly or just occasionally, you'll be welcomed into a warm community where everyone is respected, supported, and encouraged to enjoy their day.

To find out more or register your interest, please contact your Suncare Lifestyle Coordinator who will be happy to assist.



JUNE 2026 Outing Program

38 TORRES CRESCENT, NORTH LAKES, QLD, 4509



MONDAY 1ST JUNE

DOLPHIN LEAGUES CLUB

Location: Klingner Road, Redcliffe

Start: 10.00am

Duration: 3hrs

About: There is always so much to do at the home of the Redcliffe Dolphins!

They serve up wonderful specials from old time favourites to new creations.....something for everyone

Food and Drinks at own cost



TUESDAY 2ND JUNE

FULL MOON HOTEL

Location: Klingner Road, Redcliffe

Start: 10.00am

Duration: 3hrs

About: Let's enjoy a relaxed lunch at one of our favourite pubs.

With a great views and a variety of meals to choose from, you will be sure to find something delicious to eat.

Food and Drinks at own cost



WEDNESDAY 3RD JUNE

NORTH LAKES LIBRARY

Location: The Corso, North Lakes

Start: 10.00am

Duration: 3hrs

About: It is a place to discover! Let's find some great books, magazines and more.

After we find our new "Favourite reads" we will head up to the local coffee shop to sit and chat.

Food and Drinks at own cost



THURSDAY 4TH JUNE

BRIBIE ISLAND ART CENTRE

Location: Banksia Beach

Start: 10:00am

Duration: 3hr

About: A vibrant and creative heart of the Island. It is a place to come together to explore, learn something new or be inspired

After we wander through the centre, we will stop at the local cafe 191

Food and Drinks at own cost



FRIDAY 5TH JUNE

WORLD ENVIRONMENT DAY

Location: Redcliffe Museum

Start: 10:00am

Duration: 3 hr

About: Join this workshop, to learn how to spot different native bushfood plants, how to grow them at home, and how they've been traditionally used.

You'll get hands-on experience, hear interesting stories, and pick up practical gardening tips while reconnecting with nature. This will be followed by lunch along the Redcliffe Waterfront

Food and Drinks at own cost



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JUNE 2026 Outing Program

38 TORRES CRESCENT, NORTH LAKES, QLD, 4509



MONDAY 8TH JUNE

SUNCARE LUNCHEON

Location: Suncare Centre, Sunshine Coast
Start: 11.30am
Duration: 2hrs
Cost: \$10

Join us for a special gathering that brings together employees, volunteers, Board Directors and Suncare Members and enjoy a delicious hot lunch together.

This provides a lovely day out and an opportunity to connect with others and meet some key people within Suncare.



TUESDAY 9TH JUNE

CRAFTING WITH HEART

Location: North Lakes centre
Start: 10:00am
Duration: 3hrs

About: Love crafting? Want to make a difference in our community?

Join our crafting with heart group, where we create handmade items to donate to people who need a little extra care. It's a wonderful way to create, connect with others and give back

Morning tea provided



WEDNESDAY 10TH JUNE

CYCLING WITHOUT AGE

Location: Botanical Gardens
Start: 10:00am
Duration: 4hr

About: Cycling Without Age is a not-for-profit charity. They assist people to connect with the community by giving bike rides on trishaw ebikes, run by volunteer cyclists.

You don't ride the bike- this is done by the volunteers. You just enjoy the breeze and views

Afterwards, we will stop for morning tea.

Drinks and treats at own cost



THURSDAY 11TH JUNE

OYSTER SHED BEACH CLUB

Location: In Centre
Start: 10:00am
Duration: 3hr

About: Oyster Shed Beach Club at Sandstone Point offers a waterfront dining experience along Pumicestone Passage, with a seafood-inspired menu

Drinks and treats at own cost



FRIDAY 12TH JUNE

GOLDEN CIRCLE FACTORY OUTLET

Location: Morayfield
Duration: 3hr

About: We all love a clearance grocery store because you'll always find something new each week!

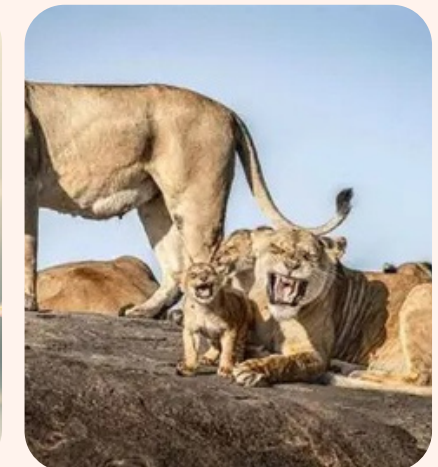
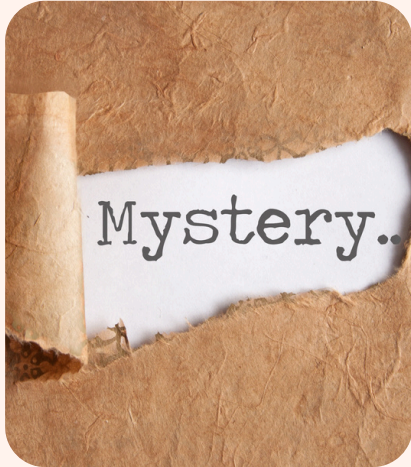
Not only do they stock Golden Circle they also have your Heinz favourites other well-known brands such as Cadbury, Kelloggs, SunRice, Arnott's, McCain, SPC and San Remo at bargain prices, this will surely help you stretch your dollar further.



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JUNE 2026 Outing Program

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MONDAY 15TH JUNE

TUESDAY 16TH JUNE

WEDNESDAY 17TH JUNE

THURSDAY 18TH JUNE

FRIDAY 19TH JUNE

MYSTERY TRIP!!

Location: Surprise on the day
Start: 10:00am
Duration: 3hr

About: Get ready for an adventure full of surprises! This time you help decide where we go. Place your ideas in the mystery box and we will draw one of the suggestions out before the day.

The destination will remain a mystery until we head off

Food and Drinks at own cost

SCARBOROUGH HARBOUR BREWING CO.

Location: Scarborough
Start: 10:00am
Duration: 3hr

About: Scarborough Harbour Brewing Co. is a waterfront craft brewery, poised perfectly at the tip of the Redcliffe Peninsula.

With views stretching over the Scarborough Marina and silhouetted by the stunning Glass House Mountains and some great food, it is sure to be a great day out

Food and Drinks at own cost

BINGO!

Location: Donnybrook Seniors Club
Start: 10:00am
Duration: 3hr

About: Donnybrook Seniors Club \$2 entry & Light lunch available to purchase.

Join the community group for a fun morning of bingo with cash prizes.

CASH only event

HEARTBEAT LUNCH

Location: Brisbane South
Start: 10am
Duration: 5hr

About: Contact Suncare Lifestyle Coordinator for more information.

COMEDY WILDLIFE EXHIBITION

Location: Redcliffe Museum
Start: 10:00am
Duration: 3hr

About: The Comedy Wildlife Photography Awards, attracts submissions from across the world and will be displayed at the Redcliffe Museum This exhibition celebrates the hilarity of our natural world and helps to highlight what we need to do to protect it. Following the exhibition, we will have lunch on the Redcliffe waterfront

Food and Drinks at own cost

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JUNE 2026 Outing Program

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MONDAY 22ND JUNE

SCRAPBOOKING

Location: Boronia Cottage

Start: 10.00am

Duration: 3hr

About: Turn your favourite photos into beautiful keepsakes

Bring your favourite photos and your creative spirit

Includes all scrapbooking supplies and Lunch

Additional \$10 to your account - (no cash payments)



TUESDAY 23RD JUNE

PELICANS NEST CAFE

Location: Wynnum

Start: 10.00am

Duration: 4hr

About: The Pelican's Nest Cafe is a cozy spot to enjoy a relaxed meal with a view in Wynnum.

Cafe features a mix of Australian classics and some exciting twists

Food and Drinks at own cost



WEDNESDAY 24TH JUNE

BIGGEST MORNING TEA

Location: Suncare Maroochydore

Start: 10am

Duration: 3hr

About: Australia's Biggest Morning Tea

Come along for a yummy morning tea and live entertainment by Hurianna.

Get ready to kick your heels up and have some fun - Gold Coin Donation

Additional \$20 to your account (no cash payments)



THURSDAY 25TH JUNE

STRAWBERRY VIEW COFFEE SHACK

Location: Bellmere

Start: 10:00am

Duration: 3hr

About: Strawberry View Coffee Shack is the place for a casual bite to eat, coffee and to grab some fresh-picked strawberries to take home.

Food and Drinks at own cost



FRIDAY 26TH JUNE

CRAFTING WITH HEART

Location: North Lakes centre

Start: 10:00am

Duration: 3hr

About: Love crafting? Want to make a difference in our community?

Join our crafting with heart group, where we create handmade items to donate to people who need a little extra care. It's a wonderful way to create, connect with others and give back

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MONDAY 29TH JUNE

JACOBS WELLS TAVERN

Location:
Start: 10.00am
Duration: 4hr

About: We will take a peaceful drive through the last of the South East Qld sugar cane fields and then relax in one of the local pubs.

It is a change in pace and the lets enjoy some glorious food by the bedside

Food and Drinks at own cost



TUESDAY 30TH JUNE

SEA SALT AND VINE

Location: Reef Point Esp,
Scarborough
Start: 10.00am
Duration: 3hr

About: One of Scarborough's hidden Gems!

Sea Salt and Vine is a great place to watch the water, drink fabulous coffee, eat yummy local food....all while chatting with friends!

Food and Drinks at own cost



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