

Social Connections Program



Scan the QR code to help
shape Suncare's social
connections program.





Important Information

BOOKING PROCESS:

Expressions of interest to attend our in-centre activities or social outings are open from the 1st-14th of the month prior. Simply contact Suncare on 1800 786 227 or contact@suncare.org.au.

ACTIVITY PRICING:

Some of our activities may attract additional costs associated with meals, tickets or personal purchases. Where possible, prices will be listed and we aim to keep all planned activities affordable for most.

TRANSPORT:

Transport is available to and from activities for most catchment areas and will be billed separately. Collection times may vary but we aim to have you at your planned activity on time.

CANCELLATION POLICY:

Suncare requires all cancellations to be communicated at least 1 x full business day prior, to avoid paying the cancellation fee.

CONFIRMATION CALLS:

Suncare will contact customers scheduled to attend a social outing, to confirm estimated transport collection time. This call will be made the day before the social outing.

WAITLISTS:

Suncare will make every effort to avoid waitlisting for customers wanting to join our social program by applying additional resources where possible.



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Plant Shack  	2 Father's Day Lunch   Scrapbooking  	3 Caboolture Art Gallery  	4 Samford Village   Scrabble 
7 Boardwalk Cafe   Movie morning 	8 Planning & Pastries 	9 Preece's Cafe   Craft with Heart 	10 Bribie Island Bowls  	11 Cycling   Scrabble 
14 Mt Coot-tha   Crafting with Heart 	15 City Hall Concert  	16 Bingo   Chair Fitness  	17 Mystery Trip  	18 The Place 2B cafe   Scrabble 
21 Burpengary Tavern   Chair Fitness  	22 Flying Planes  	23 Mexican Fiesta  	24 Plot 4504 Market  	25 AFL - BBQ  
28 Ferry Northshore   Wood Burning Art  	29 C.R.E.E.C Centre  	30 Dolphins Leagues   Movie morning 		

Plant Shack Nursery Krause St, Deception Bay

Date	Tuesday 1 st September
Time	10:00am - 1:00pm (3hrs)
Walk through the aisles of lush greenery and beautiful plants. Shop for plants or simply sit and have a freshly brewed coffee in their Hideout cafe	
	Cost of meal, drinks & plants!
	100m to entrance



Father's Day Lunch Pitstop Cafe', Mount Pleasant

Date	Wednesday 2nd September
Time	10:00am - 2:00pm (4hrs)
Let's celebrate fathers and father figures in our lives with a delicious meal & great coffee, all while we browse the collection of bikes, cars and taking in the gorgeous view	
	Cost of meal and drinks
	500m walk to entrance

Caboolture Regional Art Gallery House of Gold Exhibition

Date	Thursday 3rd September
Time	10:00am - 2:00pm (4hrs)
The exhibition explores the intersection between Chinese and First Nations Bidjara heritage in the 1850s. Followed by lunch at Sports Central Club	
	Cost of meal and drinks
	200m walk to the Sports Central Caboolture club



Samford Village Main street, Samford Valley

Date	Friday 4th September
Time	10:00am - 2:00pm (4hrs)
Samford Village is a charming hinterland destination. With plenty of craft shops, relaxed atmosphere and great cafes	
	Cost of meal and drinks
	1km walk around the village

Boardwalk Cafe
Lakefield drive, North Lakes

Date	Monday 7th September
Time	10.00am - 2.00pm (4hrs)
Located on the edge of Lake Eden, we will enjoy a relaxed environment. After a bite to eat, take a stroll along the boardwalks or just sit back and enjoy the view	
	Cost of meal and drinks
	1km walk optional



Preece's Cafe'
Redcliffe Pde, Redcliffe

Date	Wednesday 9th September
Time	10.00am - 2.00pm (4hrs)
With a wide variety of delicious meals to choose from, there's something for everyone! After lunch, enjoy a stroll along the iconic Redcliffe Jetty	
	Cost of meal and drinks
	up to 1km walk along Jetty optional

Bribie Island Bowls Club
Welsby Pde, Bongaree

Date	Thursday 10th September
Time	10.00am - 2.00pm (4hrs)
Perfect spot to catch up with friends and make new friends as well! We will unwind, take in the views and enjoy good food and great company	
	Cost of meal and drinks
	200m to entrance



Cycling Without Age!
New Farm Parklands

Date	Friday 11 th September
Time	10.00am - 2.00pm (4hrs)
The cycle team assists people to connect back with nature by giving bike rides on trishaw. You don't ride the bike - just enjoy yourself. Followed by lunch at the local cafe'	
	Cost of meal and drinks
	200m to bikes starting point

**Mt Coot-tha
Griffith Dr, Mount Coot-tha**

Date	Monday 14th September
Time	10.00am - 2.00pm (4hrs)
After a bite to eat at the Summit cafe', we will head over to the iconic planetarium to take us on an educational journey	
\$	Cost - meal and drinks
	500m -1km walk within planetarium

**City Hall Concert
Adelaide St, Brisbane City**

Date	Tuesday 15th September
Time	10.00am - 2.00pm (4hrs)
Experience the magic of music in a historic venue. Talent from local artists to international performers. Memorable entertainment is guaranteed!	
\$	Cost - meal & drinks - concert Free
	up to 500m walk into hall

**BINGO
Donnybrook Seniors Club**

Date	Wednesday 16 th September
Time	10.00am - 2.00pm (4hrs)
Join our local community group for a fun morning of bingo with cash prizes! \$2 entry & light lunch available to purchase. NOTE: This is a Cash only event	
\$	Cost - food, drinks & bingo tickets
	200m into hall

Mystery Trip!

Date	Thursday 17th September
Time	10.00am - 2.00pm (4hrs)
Where are we going? Well, that is a surprise! The day before we will let you know what to bring. Each trip, we guarantee easy walking, coffee, fun and laughter!	
\$	Cost - meal and drinks
	500m walk to destination



**Place 2B Cafe'
Delaney's Creek**

Date	Friday 18th September
Time	10.00am - 2.00pm (4hrs)
Join us for a scenic drive to Delany's Creek. We will also spend time together having amazing coffee and looking at amazing art from the local community	
\$	Cost - meal and drinks
	up to 500m walk to cafe'

**Burpengary Tavern
Eastern Services Rd, Burpengary**

Date Monday 21st September

Time 10.00am - 2.00pm (4hrs)

One of Brisbane's longest-lasting pubs, "The Burpo", has been a cornerstone of the community for decades. Let's enjoy lunch together and have a chat.

 Cost - meal and drinks

 200m walk to entrance



**Remote Control Planes
Caboolture Airfields**

Date Tuesday 22nd September

Time 10.00am - 1.00pm (3hrs)

Join us at Caboolture Airfield as we are guided through a fun morning of hands-on experience of flying remote-control planes.

 No cost - light lunch provided

 200m walk to entrance

**Plot 4504 Market
Pioneer Rd, Narangba**

Date Thursday 24th September

Time 10.00am - 2.00pm (4hrs)

Enjoy a farm-style environment, fresh coffee & access to buy products that are sourced directly from the farm. This will be followed by lunch at Narangba tavern

 Cost of food, drinks & farm treats

 200m walk to seating



Ferry Brisbane Northshore Hamilton

Date	Monday 28th September
Time	10.00am - 2.00pm (4hrs)
Come along, relax & enjoy a wonderful day on the water. We will catch the ferry from Hamilton to New farm Park to enjoy a cuppa, chat and a light lunch.	
	Cost of meal and drinks
	Short, walking distances required



Caboolture Environmental Education Centre

Date	Tuesday 29 th September
Time	10.00am - 1.00pm (3hrs)
If you like to take a calming walk along the boardwalk trails or simply sitting with friends having a cuppa and a toastie, this is the perfect place to be!	
	Cost of meal and drinks
	200m or more optional

Dolphin Leagues

Date	Wednesday 30 th September
Time	10.00am - 2.00pm (4hrs)
Let's enjoy a relaxed lunch at one of our favourite local clubs. With a great variety of meals to choose from, you will be sure to find something delicious to eat.	
	Cost of meal and drinks
	100m walk to entrance



Movie Mornings

Date	Mon 7 th & Wed 30 th September
Time	10:00am – 2:00pm Bribie Hub
Join us for a cosy morning featuring a great film in a comfortable location. We will put our feet up, have some nice snacks and enjoy a wonderful movie together.	
	Light Lunch provided
	100m walk to entrance

Scrapbooking

Date	Wednesday 2nd September
Time	10:00am – 1:00pm Bribie Hub
Turn your favourite photos into beautiful keepsakes. Bring your favourite photos and your creative spirit. Includes all scrapbooking supplies and Lunch.	
	\$5 – Light Lunch Provided
	100m walk to entrance

Scrabble

Date	Friday 4 th , 11 th & 18 th September
Time	9:00am – 1:00pm Bribie Hub
A weekly catch up with those that like words and scrabble. Relax at the Boronia Cottage talk about words, have a chat and relax.	
	Light Lunch Provided
	100m to entrance

Chair Fitness

Date	Wednesday 16th and Monday 21st September
Time	10:00am – 1:00pm North Lakes Hub
Enjoy a 1 hour gentle and supportive session designed to improve strength, flexibility, and balance—all while seated or using a chair for support. Come along, move at your own pace, and feel great!	
	\$10 – lunch provided
	100m to entrance



Crafting with Heart

Date	Wednesday 9 th and Monday 14 th September
Time	10:00am – 1:00pm Bribie Hub
Join our crafting with heart group, where we create handmade items to donate to people who need a little extra care. It's a wonderful way to create, connect with others and give back to community.	
	Light lunch provided
	100m to entrance

Planning and Pastries

Date Tuesday 8th September

Time 10:00am - 1:00pm Bribie Hub

We want your ideas!
Let's chat about upcoming events and share a few laughs. This is a perfect chance to have your say and help shape our future programs for the next three months.

 High-tea Provided

 100m to entrance

Woodburning Art Class

Date Monday 28th September

Time 10:00am - 1:00pm Bribie Hub

Start your craft and wood burning journey and get your creativity fired up.
Learn the basics of this fun and creative technique.
No experience necessary!

 \$10 - lunch provided

 100m to entrance

Mexican Fiesta

Date Wednesday 23rd September

Time 10:00am - 2:00pm North Lakes Hub

Join us for a colourful and vibrant celebration - Mexican Style!
There will be music, laughter and yummy food.
Dress in bright colours & even a sombrero!

 \$10 - lunch provided

 100m to entrance

AFL Grand Final BBQ

Date Friday 25th September

Time 10:00am - 2:00pm Bribie Hub

AFL Grand Final Eve! What a great excuse for a delicious BBQ and watch some old-time games to get us in the mood.

Don't like AFL? Never fear, there will be great food and laughs guaranteed

 \$10 - lunch provided

 100m to entrance



SPECIAL EVENT

AFL Grand final BBQ

Boronia Cottage : 138 Boronia Drive, Bellara

Date Friday 25th September

Time 10am to 2pm at the Bribie Hub

AFL Grand Final Eve!

What a great excuse for a delicious BBQ and watch some old-time games to get us in the mood.

Don't like AFL? Never fear, there will be great food and laughs guaranteed

 \$10 - BBQ lunch provided

 Wheelchair Accessible

 100m to entrance

