

Social Connections Program



Scan the QR code to help
shape Suncare's social
connections program.

OCTOBER 2026



SUNCARE : 200 BOAT HARBOUR DRIVE, PIALBA



Important Information

BOOKING PROCESS:

Expressions of interest to attend our in-centre activities or social outings are open from the 1st-14th of the month prior. Simply contact Suncare on 1800 786 227 or contact@suncare.org.au.

ACTIVITY PRICING:

Some of our activities may attract additional costs associated with meals, tickets or personal purchases. Where possible, prices will be listed and we aim to keep all planned activities affordable for most.

TRANSPORT:

Transport is available to and from activities for most catchment areas and will be billed separately. Collection times may vary but we aim to have you at your planned activity on time.

CANCELLATION POLICY:

Suncare require all cancellations to be communicated at least 1 x full business day prior, to avoid paying the cancellation fee.

CONFIRMATION CALLS:

Suncare will contact customers scheduled to attend a social outing, to confirm estimated transport collection time. This call will be made the day before the social outing.

WAITLIST:

Suncare will make every effort to avoid waitlisting for customers wanting to join our social program by applying additional resources where possible.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Hervey Bay RSL \$
5	6 Craft & Creation \$ ♿	7	8	9 Kondari Hotel \$
12	13 Trivia ♿	14	15	16 Bayswater Bar & Grill \$
19	20 Information Session ♿	21	22	23 Games Hub ♿
26	27 Bingo \$ ♿	28	29	30 Hervey Bay RSL \$



Hervey Bay RSL

Date Friday 2nd October

Time 11.00am - 2.00pm

Our monthly stop at the Hervey Bay RSL. Come along and soak in the vibrant atmosphere with live music and enjoy the company of great people. Seniors' menu available.

\$ Cost of meal and drinks

♿ 50m walk from carpark to entrance

Kondari Hotel

Date Friday 9th October

Time 10.00am - 1.00pm

Set amongst 20 acres of tropical gardens and a natural lagoon, Kondari has been a favourite for over 40 years. It's the perfect spot to enjoy a meal and good company.

\$ Cost of meal and drinks

♿ 40m walk from carpark to entrance

The Bayswater Bar & Grill

Date Friday 16th October

Time 11.00am - 2.00pm

Perched right on the water, Bayswater is a favourite with locals and visitors alike. Join us at a great spot with plenty of room to relax.

\$ Cost of purchases

♿ Parking directly at front of building



Hervey Bay RSL

Date Friday 30th October

Time 11.00 - 1.00pm

Our monthly stop at the Hervey Bay RSL. Come along and soak in the vibrant atmosphere with live music and enjoy the company of great people. Seniors' menu available.

\$ Cost of meal, drinks & purchases

♿ 50m walk from carpark to entrance



Craft & Creation

Date Tuesday 6th October

Time 10.30am - 1.30pm (3hrs)

Join us for a fun and relaxing day of crafts, where we create our own community scrap book quilt. Come along and your piece of creativity to our masterpiece!

 \$10 - Lunch provided

 Parking available at the venue

Trivia

Date Tuesday 13th October

Time 10.30am - 1.30pm (3hrs)

Share a few laughs and test your knowledge whilst enjoying a friendly and welcoming atmosphere. Guaranteed to test your knowledge, give you a giggle and you'll learn something new.

 Morning tea provided

 Parking available at the venue

Information Session

Date Tuesday 20th October

Time 10.30am - 1.30pm (3hrs)

A free information session for all where we explain My Aged Care & the support available. Bring a friend or family member along for a cuppa & a chat.

 Free

 Parking available at the venue

Games Hub

Date Friday 23rd October

Time 10.30am - 1.30pm (3hrs)

Today is a fun & social day where you decide what to play. Join us for a freshly made cuppa & some friendly competition.

 Morning tea provided

 Parking available at the venue

Bingo

Date Tuesday 27th October

Time 10.30am - 1.30pm (3hrs)

Whether you're a seasoned player or giving it a go for the first time, everyone is welcome. Come along, enjoy a fun-filled social morning in great company.

 \$10 - Lunch provided

 Parking available at the venue



AQUA FITNESS

Led by an Allied Health Professional, these sessions are designed especially for older adults who enjoy keeping active. Available to all Support at Home (previously Home Care Package), Short Term Restorative Care (STRC), and Fee for Service customers.

Tuesdays - 11am



Location advised upon enquiry



Parking available at the venue



COGNITIVE STIMULATION THERAPY

Led by a qualified Health Professional, these sessions involve a wide range of activities aiming to stimulate thinking and memory. Starting as a 7-week program. Be assessed and boost Memory, Mood and Connection!

Hervey Bay Suncare Hub

Wednesdays 10.30am & 12.00pm



Suitable for wheelchair users



Parking available at the venue



SPECIAL EVENT

Free Infomation Session

Suncare Community Centre

Date Tuesday 20th October

Time 10.30am - 12.30pm (arrive anytime in the scheduled hours)

Our monthly information session where you can learn more about My Aged care, the support available to you and learn about other available services. Our experienced local team is here to provide trusted guidance, answer questions and help with the next steps.



Free - Refreshments provided



Wheelchair Accessible



Parking available at the venue

