

# Social Connections Program



Scan the QR code to help  
shape Suncare's social  
connections program.

**NOVEMBER 2026**



**SUNCARE : 200 BOAT HARBOUR DRIVE, PIALBA**



# Important Information

## BOOKING PROCESS:

Expressions of interest to attend our in-centre activities or social outings are open from the 1st-14<sup>th</sup> of the month prior. Simply contact Suncare on 1800 786 227 or [contact@suncare.org.au](mailto:contact@suncare.org.au).

## ACTIVITY PRICING:

Some of our activities may attract additional costs associated with meals, tickets or personal purchases. Where possible, prices will be listed and we aim to keep all planned activities affordable for most.

## TRANSPORT:

Transport is available to and from activities for most catchment areas and will be billed separately. Collection times may vary but we aim to have you at your planned activity on time.

## CANCELLATION POLICY:

Suncare require all cancellations to be communicated at least 1 x full business day prior, to avoid paying the cancellation fee.

## CONFIRMATION CALLS:

Suncare will contact customers scheduled to attend a social outing, to confirm estimated transport collection time. This call will be made the day before the social outing.

## WAITLIST:

Suncare will make every effort to avoid waitlisting for customers wanting to join our social program by applying additional resources where possible.

| Monday | Tuesday                                                                                                                                                                                            | Wednesday | Thursday | Friday                                                                                                  |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------|---------------------------------------------------------------------------------------------------------|
| 2      | 3<br>Melbourne Cup Celebration   | 4         | 5        | 6<br>Hervey Bay RSL  |
| 9      | 10<br>Craft & Creation           | 11        | 12       | 13<br>Kondari Hotel  |
| 16     | 17<br>Trivia                                                                                                      | 18        | 19       | 20<br>Cafe 63        |
| 23     | 24<br>Information Session                                                                                       | 25        | 26       | 27                                                                                                      |
| 30     |                                                                                                                                                                                                    |           |          |                                                                                                         |



### Hervey Bay RSL

**Date** Friday 6<sup>th</sup> November

**Time** 11.00am - 2.00pm

Our monthly stop at the Hervey Bay RSL. Come along and soak in the vibrant atmosphere with live music and enjoy the company of great people. Seniors' menu available.

 Cost of meal and drinks

 50m walk from carpark to entrance

### Kondari Hotel

**Date** Friday 13<sup>th</sup> November

**Time** 10.00am - 1.00pm

Set amongst 20 acres of tropical gardens and a natural lagoon, Kondari has been a favourite for over 40 years. It's the perfect spot to enjoy a meal and good company.

 Cost of meal and drinks

 40m walk from carpark to entrance

### Cafe 63

**Date** Friday 20<sup>th</sup> November

**Time** 10.30am - 1.30pm

Join us at cafe 63 for a lovely meal and cuppa. If time permits, we head over to the Suncare hub for a game or two.

 Cost of meal & drinks.

 Parking directly at front of building





### Melbourne Cup Celebration

**Date** Tuesday 3<sup>rd</sup> November

**Time** 12.00pm - 3.00pm

Dress in your finest, don your fascinators and get ready for a fantastic heart racing afternoon! Today we enjoy afternoon tea and watch the race that stops the nation!

 \$10 - Lunch provided

 Parking available at the venue

### Craft & Creation

**Date** Tuesday 10<sup>th</sup> November

**Time** 10.30am - 1.30pm (3hrs)

A craft class with no pressure – simply go with the flow and create what you feel! No experience needed – just bring your imagination and let your creativity take the lead!

 Morning tea provided

 Parking available at the venue

### Trivia

**Date** Tuesday 17<sup>th</sup> November

**Time** 10.30am - 1.30pm (3hrs)

Share a few laughs and test your knowledge whilst enjoying a friendly and welcoming atmosphere. Give it a go! You'll know more than you think!

 Morning tea provided

 Parking available at the venue

### Information Session

**Date** Tuesday 24<sup>th</sup> November

**Time** 10.30am - 12.30pm (2hrs)

A free information session for all where we explain My Aged Care & the support available. Bring a friend or family member along for a cuppa & a chat.

 Free

 Parking available at the venue





### AQUA FITNESS

Led by an Allied Health Professional, these sessions are designed especially for older adults who enjoy keeping active. Available to all Support at Home (previously Home Care Package), Short Term Restorative Care (STRC), and Fee for Service customers.

Tuesdays - 11am



Location advised upon enquiry



Parking available at the venue



### COGNITIVE STIMULATION THERAPY

Led by a qualified Health Professional, these sessions involve a wide range of activities aiming to stimulate thinking and memory. Starting as a 7-week program. Be assessed and boost Memory, Mood and Connection!

Hervey Bay Suncare Hub

Wednesdays 10.30am & 12.00pm



Suitable for wheelchair users



Parking available at the venue



SPECIAL EVENT

# Free Infomation Session

## Suncare Community Centre

**Date** Tuesday 24<sup>th</sup> November

**Time** 10.30am - 12.30pm (arrive anytime in the scheduled hours)

Our monthly information session where you can learn more about My Aged care, the support available to you and learn about other available services. Our experienced local team is here to provide trusted guidance, answer questions and help with the next steps.



Free - Refreshments provided



Wheelchair Accessible



Parking available at the venue

