



# Social Connections Program



Scan the QR code to help  
shape Suncare's social  
connections program.

**DECEMBER 2026**

**SUNCARE : 81 BAROLIN STREET, BUNDABERG SOUTH**



# Important Information



## BOOKING PROCESS:

Expressions of interest to attend our in-centre activities or social outings are open from the 1st-14<sup>th</sup> of the month prior. Simply contact Suncare on 1800 786 227 or [contact@suncare.org.au](mailto:contact@suncare.org.au).

## ACTIVITY PRICING:

Some of our activities may attract additional costs associated with meals, tickets or personal purchases. Where possible, prices will be listed and we aim to keep all planned activities affordable for most.

## TRANSPORT:

Transport is available to and from activities for most catchment areas and will be billed separately. Collection times may vary but we aim to have you at your planned activity on time.

## CANCELLATION POLICY:

Suncare requires all cancellations to be communicated at least 1 x full business day prior, to avoid paying the cancellation fee.

## CONFIRMATION CALLS:

Suncare will contact customers scheduled to attend a social outing, to confirm estimated transport collection time. This call will be made the day before the social outing.

## WAITLISTS:

Suncare will make every effort to avoid waitlisting for customers wanting to join our social program by applying additional resources where possible.

| Monday                                                                                                             | Tuesday                                                                                                              | Wednesday                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                    | Friday                                                                                                               |
|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|                                   | <b>1</b><br>Angels' Cafe            | <b>2</b><br>Craft & Creation                                                                                             | <b>3</b><br>Bundy Social Club                                                                                            | <b>4</b>                                                                                                             |
| <b>7</b><br>Bingo                 | <b>8</b><br>Tom Quinn Cafe          | <b>9</b><br>Walking Group                                                                                                | <b>10</b><br>White Christmas Baking   | <b>11</b>                                                                                                            |
| <b>14</b><br>Cards - Hand & Foot  | <b>15</b><br>Christmas Lights Tour  | <b>16</b><br>Gingerbread Houses                                                                                          | <b>17</b><br>RSL                                                                                                         | <b>18</b><br>Information Session  |
| <b>21</b><br>Games Hub          | <b>22</b><br>Walking Group        | <b>23</b><br>Christmas Lights Tour                                                                                     | <b>24</b><br>Christmas Eve Social                                                                                      | <b>25</b><br>Christmas Day Public Holiday                                                                            |
| <b>28</b><br>Boxing Day Public Holiday                                                                             | <b>29</b><br>Customer Choice      | <b>30</b><br>Social Morning Tea   | <b>31</b><br>New Years Eve Social                                                                                      |                                 |

### Angel's Mini Mart & Cafe

|                                                                                                                                                                   |                                  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| <b>Date</b>                                                                                                                                                       | Tuesday 1 <sup>st</sup> December |
| <b>Time</b>                                                                                                                                                       | 10.00am - 1.00pm (3hrs)          |
| Our monthly trip to Angel's! Discounted groceries and a wonderful cafe that is cost effective. Join us for a cuppa and grab yourself a bargain while we're there! |                                  |
| <b>\$</b>                                                                                                                                                         | Cost of meal, drinks & shopping. |
|                                                                                  | Parking at front entrance.       |

### Bundy Social Club

|                                                                                                                                                                  |                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| <b>Date</b>                                                                                                                                                      | Thursday 3 <sup>rd</sup> December |
| <b>Time</b>                                                                                                                                                      | 11.30am - 2.30pm (3hrs)           |
| Our monthly stop at the Bundy Social Club. \$15 dollar meals, excellent river views and a chance to catch up with friends. Elevator and seniors meals available. |                                   |
| <b>\$</b>                                                                                                                                                        | Cost of meal & drinks.            |
|                                                                                 | 5-10 minute walk from carpark.    |

### Tom Quinn Community Cafe

|                                                                                                                                                      |                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| <b>Date</b>                                                                                                                                          | Tuesday 8 <sup>th</sup> December |
| <b>Time</b>                                                                                                                                          | 10.00am - 1.00pm (3hrs)          |
| Join us for a delicious coffee catch up with great food and company. A tranquil little cafe set amongst a beautiful garden maintained by volunteers. |                                  |
| <b>\$</b>                                                                                                                                            | Cost of meal and drinks.         |
|                                                                   | 40m walk from carpark to cafe.   |

### Walking Group Bargara Esplanade

|                                                                                                                                                      |                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>Date</b>                                                                                                                                          | Wednesday 9 <sup>th</sup> December |
| <b>Time</b>                                                                                                                                          | 10.00am - 1.00pm (3hrs)            |
| Meet us at the ANZAC Memorial on the Bargara Esplanade. Once our walk is complete, we wind down with a cuppa at the local gem cafe, Ricks @ Bargara. |                                    |
| <b>\$</b>                                                                                                                                            | Cost of meal and drinks.           |
|                                                                   | 1-2km walk along the Esplanade.    |



### Christmas Lights Tour

|                                                                                                                                                                                           |                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| <b>Date</b>                                                                                                                                                                               | Tuesday 15 <sup>th</sup> December |
| <b>Time</b>                                                                                                                                                                               | 5.30pm - 8.30pm (3hrs)            |
| Sit back, relax, and enjoy the festive atmosphere while taking in beautifully decorated homes. Don't miss this festive community outing! Please see special events page for more details. |                                   |
| <b>\$</b>                                                                                                                                                                                 | \$10 premium for snacks/drinks.   |
|                                                                                                      | No walking required.              |

### Bundaberg RSL

**Date** Thursday 17<sup>th</sup> December

**Time** 11.30am - 2.30pm (3hrs)

Our monthly stop at the Bundy RSL. Come along and soak in the lovely river views and enjoy the company of great people. Seniors' menu available.

**\$** Cost of meal and drinks.

**♿** Parking at front entrance.

### Walking Group Botanical Gardens

**Date** Tuesday 22<sup>nd</sup> December

**Time** 10.00am - 1.00pm (3hrs)

Meet us at cafe 1928 where we begin our day with breakfast/morning tea. After, we head for a stroll around the gardens checking out the local wildlife.

**\$** Cost of meals, drinks & purchases.

**♿** 1-2km walking distance.

### Christmas Lights Tour

**Date** Wednesday 23<sup>rd</sup> December

**Time** 5.30pm - 8.30pm (3hrs)

Sit back, relax, and enjoy the festive atmosphere while taking in beautifully decorated homes. Don't miss this festive community outing! Please see special events page for more details.

**\$** \$10 premium for snacks/drinks.

**♿** No walking required.

### Customer Choice Tuesday

**Date** Tuesday 29<sup>th</sup> December

**Time** 10.00am - 1.00pm (3hrs)

Customer Choice Tuesday is all about empowering our people to have their say, explore their interests and enjoy meaningful experiences that matter. Today, our people take the lead!

**\$** Cost of meal, drinks & shopping

**♿** To be advised



### New Years Eve Social Sugarland Tavern

**Date** Thursady 31<sup>st</sup> December

**Time** 11.30am - 2.30pm (3hrs)

Ring in the New Year with friends at a fun filled social gathering hosted by Suncare Social Connections. Come along and create just one more amazing memory for 2026!

**\$** Cost of meals & drinks

**♿** 10m walk from carpark to entrance

### Craft & Creation

|                                                                                                                                                                                                                    |                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| <b>Date</b>                                                                                                                                                                                                        | Wednesday 2 <sup>nd</sup> December  |
| <b>Time</b>                                                                                                                                                                                                        | 10.00am - 1.00pm (3hrs)             |
| Get into the festive spirit with our craft and creation session as we create beautiful handmade Christmas keepsakes. Keep them for yourself or gift them to a loved one. No experience needed, just bring a smile! |                                     |
| <b>\$</b>                                                                                                                                                                                                          | Morning tea provided.               |
| <b>♿</b>                                                                                                                                                                                                           | Parking available on Barolin Street |

### Bingo

|                                                                                                                                                                                                                     |                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| <b>Date</b>                                                                                                                                                                                                         | Monday 7 <sup>th</sup> December     |
| <b>Time</b>                                                                                                                                                                                                         | 10.00am - 1.00pm (3hrs)             |
| Whether you're a seasoned player or brand new to the game, come and join us for a fantastic morning filled with laughter and friendly competition in a welcoming atmosphere. We'll even try a Christmas themed set! |                                     |
| <b>\$</b>                                                                                                                                                                                                           | Morning tea provided.               |
| <b>♿</b>                                                                                                                                                                                                            | Parking available on Barolin Street |

### White Christmas Baking

|                                                                                                                                                           |                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| <b>Date</b>                                                                                                                                               | Thursday 10 <sup>th</sup> December  |
| <b>Time</b>                                                                                                                                               | 10.00am - 1.00pm (3hrs)             |
| Today we create the delicious and popular White Christmas treats. No baking or experience required. Come along and make yourself a sweet Christmas treat. |                                     |
| <b>\$</b>                                                                                                                                                 | \$5 for cooking supplies.           |
| <b>♿</b>                                                                                                                                                  | Parking available on Barolin Street |

### Cards Hand & Foot

|                                                                                                                                |                                      |
|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Date</b>                                                                                                                    | Monday 14 <sup>th</sup> December     |
| <b>Time</b>                                                                                                                    | 10.00am - 1.00pm (3hrs)              |
| This fun and social card game is a great way to challenge your mind, enjoy some friendly competition, and connect with others. |                                      |
| <b>\$</b>                                                                                                                      | Morning tea provided.                |
| <b>♿</b>                                                                                                                       | Parking available on Barolin Street. |



### Gingerbread Houses

|                                                                                                                               |                                      |
|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Date</b>                                                                                                                   | Wednesday 16 <sup>th</sup> December  |
| <b>Time</b>                                                                                                                   | 10.00am - 1.00pm (3hrs)              |
| Join us as we create a decorate our very own gingerbread house! Get into the festive season with traditional gingerbread fun! |                                      |
| <b>\$</b>                                                                                                                     | \$5 for cooking supplies.            |
| <b>♿</b>                                                                                                                      | Parking available on Barolin Street. |

## Information Session

|                                                                                                                                                         |                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Date</b>                                                                                                                                             | Friday 18 <sup>th</sup> December     |
| <b>Time</b>                                                                                                                                             | 10.30am - 12.30pm (2hrs)             |
| A free information session for all where we explain My Aged Care and the support available. Bring a friend or family member along for a cuppa & a chat. |                                      |
| <b>\$</b>                                                                                                                                               | Free.                                |
|                                                                        | Parking available on Barolin Street. |

## Games Hub

|                                                                                                                                                                                  |                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Date</b>                                                                                                                                                                      | Monday 21 <sup>st</sup> December     |
| <b>Time</b>                                                                                                                                                                      | 10.00am - 1.00pm (3hrs)              |
| Today is a fun & social day where you decide what to play. Join us for a freshly made cuppa & some friendly competition. We'll have some Christmas spirit thrown in the mix too! |                                      |
| <b>\$</b>                                                                                                                                                                        | Morning tea provided.                |
|                                                                                                 | Parking available on Barolin Street. |

## Christmas Eve Social

|                                                                                                                                                                                               |                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|
| <b>Date</b>                                                                                                                                                                                   | Thursday 24 <sup>th</sup> December        |
| <b>Time</b>                                                                                                                                                                                   | 10.00am - 1.00pm (3hrs)                   |
| Join us as we come together to celebrate the joy of Christmas. With a game or two, some interesting facts and morning tea provided, it is sure to be a great way to spend your Christmas eve. |                                           |
| <b>\$</b>                                                                                                                                                                                     | Bring a wrapped gift to the value of \$5. |
|                                                                                                            | Parking available on Barolin Street.      |

## Social Morning Tea

|                                                                                                                                                 |                                      |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Date</b>                                                                                                                                     | Wednesday 30 <sup>th</sup> December  |
| <b>Time</b>                                                                                                                                     | 10.00am - 1.00pm (3hrs)              |
| Join us for a casual and relaxing social morning tea as we reflect on the year that was. Help us celebrate over one year of social connections. |                                      |
| <b>\$</b>                                                                                                                                       | Morning tea provided.                |
|                                                              | Parking available on Barolin Street. |



## Cognitive Stimulation

Led by a qualified Health Professional, these sessions involve a wide range of activities aiming to stimulate thinking and memory. Starting as a 7 week program. Be assessed and boost Memory, Mood and Connection!

Bundaberg Suncare Hub

Tuesdays - 10.30am & 12.00pm



Suitable for wheelchair users.



Parking available on Barolin Street.



## Strength & Balance

Led by an Allied Health Professional, these sessions are designed especially for older adults who enjoy keeping active. Available to all Support at Home (previously Home Care Package), Short Term Restorative Care (STRC), and Fee for Service customers.

Bundaberg Suncare Hub

Wednesdays - 11am



Suitable for wheelchair users.



Parking Available on Barolin Street.

## Aqua Fitness

Led by an Allied Health Professional, these sessions are designed especially for older adults who enjoy keeping active. Available to all Support at Home (previously Home Care Package), Short Term Restorative Care (STRC), and Fee for Service customers.

Tuesdays - 11.00am



Bundaberg Aquatic Centre.



50m walk from carpark to entrance.



## SPECIAL EVENT

## Christmas Lights Tour

## Suncare Community Centre

|      |                                                                   |
|------|-------------------------------------------------------------------|
| Date | Tuesday 15 <sup>th</sup> & Wednesday 23 <sup>rd</sup><br>December |
|------|-------------------------------------------------------------------|

|      |                        |
|------|------------------------|
| Time | 5.30pm - 8.30pm (3hrs) |
|------|------------------------|

This evening we hit the town and take a tour of the lights!

This is an after hours outing which attracts a higher fee from \$12p/h. Customer transport begins at 5.00pm, and an extra \$10 out of pocket premium will be added to cover food and beverages for the trip.

Spaces are limited for this event, so be sure to book in!



\$10 premium.



No walking required.





**SPECIAL EVENT**

## Christmas Eve Social

Suncare Community Centre

**Date** Thursday 24<sup>th</sup> December

**Time** 10.00am - 1.00pm (3hrs)

Join us in the centre for a festive Christmas Eve Lunch Social filled with delicious food, refreshing beverages, fun games, great company, and plenty of Christmas cheer! An additional \$5 contribution is required to help cover food and drinks. Come along to celebrate, connect with friends, and enjoy a wonderful day of laughter and festive fun.



**SPECIAL EVENT**

## Customer Choice Tuesday

Suncare Community Centre

**Date** Tuesday 29<sup>th</sup> December

**Time** 10.00am - 1.00pm (3hrs)

It's all about you on **Customer Choice Tuesday**! Join the Social Connections team as customers decide what activity to do and where to go for the day. It's a great opportunity to have your say, try something you enjoy, and spend time with friends while exploring the community together. The choice is yours!