



Social Connections Program



Scan the QR code to help
shape Suncare's social
connections program.

OCTOBER 2026

BRIBIE: 138 BORONIA DR, BELLARA

NORTH BRISBANE: 38 TORRES CRES, NORTH LAKES





Important Information

BOOKING PROCESS:

Expressions of interest to attend our in-centre activities or social outings are open from the 1st-14th of the month prior. Simply contact Suncare on 1800 786 227 or contact@suncare.org.au.

ACTIVITY PRICING:

Some of our activities may attract additional costs associated with meals, tickets or personal purchases. Where possible, prices will be listed and we aim to keep all planned activities affordable for most.

TRANSPORT:

Transport is available to and from activities for most catchment areas and will be billed separately. Collection times may vary but we aim to have you at your planned activity on time.

CANCELLATION POLICY:

Suncare requires all cancellations to be communicated at least 1 x full business day prior, to avoid paying the cancellation fee.

CONFIRMATION CALLS:

Suncare will contact customers scheduled to attend a social outing, to confirm estimated transport collection time. This call will be made the day before the social outing.

WAITLISTS:

Suncare will make every effort to avoid waitlisting for customers wanting to join our social program by applying additional resources where possible.

Monday	Tuesday	Wednesday	Thursday	Friday
Do you have a great idea for a Social Support Activity? We would love to hear about it! Email: Kylie.Dalmazzo@suncare.org.au			1 Community Club  	2 The Nurso Cafe'   Scrabble 
5 Kings Birthday Holiday	6 VEND indoor market  	7 Cycling   Board Games 	8 Cafe Diversity  	9 Bingo (Norths)   Scrabble 
12 Crafting with Heart  Movie Morning 	13 City Hall Concert  	14 Maritime Museum   Board Games 	15 Brain Training  	16 Mystery Trip   Scrabble 
19 North Lakes Sports   Movie Morning 	20 Montville Cafe'  	21 Oktoberfest   Board Games 	22 Plot 4504 Market  	23 Barefoot Bowls   Scrabble 
26 Landsborough Pub   Movie Morning 	27 Spotlight & Scarfe  	28 Halloween Party   Board Games 	29 Redcliffe RSL  	30 BBQ Lunch  

Burpengary Community Club Henderson Rd, Burpengary

Date	Thursday 1 st October
Time	10:00am - 1:00pm (3hrs)
Located in the heart of Burpengary where great meals are served in a relaxed and friendly atmosphere.	
\$	Cost: meal & drinks
	100m to entrance



Activity Category:

Outings 

The Nurso Cafe' Old Cleveland Rd, Chandler

Date	Friday 2 nd October
Time	10:00am - 2:00pm (4hrs)
"The Nurso" is a garden centre, cafe' and creative destination. Explore their unique homewares, relaxed outdoor experiences and yummy food.	
\$	Cost: meal, drinks & plants!
	100m to entrance

VEND Indoor Market Sandgate Rd, Virginia

Date	Tuesday 6 th October
Time	10:00am - 2:00pm (4hrs)
Brisbane's largest indoor market for local businesses. After we shop, we will stop for a bite to eat at their amazing retro cafe'	
\$	Cost: food, drinks & shopping
	100m to entrance



Cycling Without Age! New Farm Parklands

Date	Wednesday 7 th October
Time	10.00am - 2.00pm (4hrs)
The cycle team assists people to connect back with nature by giving bike rides on trishaw. You don't ride the bike - just enjoy. Followed by lunch at the local cafe'	
\$	Cost: food & drinks
	200m to bikes starting point

**Cafe' Diversity
Redcliffe Pde, Redcliffe**

Date	Thursday 8 th October
Time	10.00am - 2.00pm (4hrs)
Nestled on the foreshore of Redcliffe Beach, with great menu options, there will be something you will love. While we are there we will check out the local shops!	
	Cost: food & drinks
	100m to entrance

**Bingo!
Norths Leagues Club**

Date	Friday 9 th October
Time	10.00am - 2.00pm (4hrs)
We will head out for a fun morning of bingo with cash prizes! While we play, we can enjoy a wide selection of snacks, cakes and a cuppa!	
	Cost: food, drinks & bingo tickets
	100m to entrance

**City Hall Concert
Adelaide St, Brisbane City**

Date	Tuesday 13 th October
Time	10.00am - 2.00pm (4hrs)
Experience the magic of music in a historic venue. Talent from local artists to international performers. Memorable entertainment is guaranteed!	
	Cost: food & drinks - concert free
	up to 500m walk into hall

**Maritime Museum
Stanley St, South Brisbane**

Date	Wednesday 14 th October
Time	10:00am - 2:00pm (4hrs)
We will visit one of Australia's largest maritime museums & discover historic vessels of all shapes and sizes.	
	Cost: \$20 (includes entry & lunch)
	up to 300m to entrance and walking around Museum



**Brain Training
Bribie Island Library**

Date	Thursday 15 th October
Time	10.00am - 2.00pm (4hrs)
Celebrating Seniors Month, we will enjoy a range of brain training games. All activities will be facilitated by Bribie library staff. Afterwards, we will stop for a bite to eat.	
	Cost: food & drinks
	100m to entrance

Mystery Trip!

Date	Friday 16 th October
Time	10.00am - 2.00pm (4hrs)
Where are we going? Well, that is a surprise! The day before we will let you know what to bring. Each trip, we guarantee easy walking, coffee, fun and laughter!	
\$	Cost: food & drinks
	500m walk to destination

North Lakes Sports Club Flinders Pde, North Lakes

Date	Monday 19 th October
Time	10.00am - 2.00pm (4hrs)
Perfect spot to catch up with friends as well as make some new friends too! We will unwind, enjoy good food and great company.	
\$	Cost: food & drinks
	100m to entrance

Morning at Montville

Date	Tuesday 20 th October
Time	10.00am - 2.00pm (4hrs)
Montville has so much to offer! Boutique shops, arts & crafts & even a confectionary shop! We will start at the "Poet's cafe" before we hit the streets to go shopping.	
\$	Cost: food, drinks & shopping
	100m to entrance of cafe'

Oktoberfest Suncare Maroochydore

Date	Wednesday 21 st October
Time	10.00am - 2.00pm (4hrs)
Join us for a fun-filled Oktoberfest with delicious German-inspired food and music. Dress in your best Oktoberfest outfit and come celebrate. PROST!	
\$	Cost: \$20 includes Lunch
	100m to entrance



Plot 4504 Market Pioneer Rd, Narangba

Date	Thursday 22 nd October
Time	10.00am - 2.00pm (4hrs)
Enjoy a farm-style environment, fresh coffee & access to buy products that are sourced directly from the farm. Followed by lunch at Narangba tavern	
\$	Cost: food, drinks & farm treats
	200m walk to seating. Some uneven terrain.

Barefoot Bowls Victoria Ave, Woody Point

Date	Friday 23 rd October
Time	10.00am - 2.00pm (4hrs)
Come along for a fun & relaxed game of barefoot bowls. Whether you're a first-timer or seasoned player - All Welcome.	
	Cost: \$20 Game & Lunch included
	100m walk to entrance



Landsborough Pub Cribb St, Landsborough

Date	Monday 26 th October
Time	10.00am - 3.00pm (5hrs)
Historical Pub, spectacular scenery and fun travel. You will be pick up at your door & together we will travel to the Iconic Sunshine Coast Pub on the train!	
	Cost: food, drinks & train
	Various levels of walking during outing

Spotlight and Scarfe North Lakes Dr, North Lakes

Date	Tuesday 27 th October
Time	10.00am - 2.00pm (4hrs)
We will start of at "Blaktan Coffee" before we explore the creative treasures at Spotlight followed by discovering the new Harris Scarfe store at North Lakes.	
	Cost: food, drinks & shopping
	Short, walking distances required

Halloween Party Suncare Maroochydore

Date	Wednesday 28 th October
Time	10.00am - 2.00pm (4hrs)
Get ready for a frightfully fun Halloween Celebration! Dress up in your favourite Halloween costume and enjoy a morning filled with fun, friends and laughs.	
	Cost: \$20 Lunch included
	100m to entrance

Redcliffe RSL Irene St, Redcliffe

Date	Thursday 29 th October
Time	10.00am - 2.00pm (4hrs)
With views of Moreton Bay, live music and value for money meals, Redcliffe RSL is sure to be a crowd pleaser!	
	Cost: food & drinks
	100m walk to entrance

Movie Mornings

Date	Every Monday
Time	10:00am - 2:00pm Boronia Cottage
Join us for a cosy morning featuring a great film in a comfortable location. Put your feet up, enjoy homemade meals and watch a wonderful movie together.	
	No additional cost & lunch provided
	100m walk to entrance

Crafting with Heart

Date	Monday 12 th October
Time	10:00am - 1:00pm North Lakes
Do you have a project you are working on? Knitting, crocheting, scrapbooking or even painting! Bring it to our crafting with heart group, where we sit, chat, have a cuppa & share ideas.	
	No additional cost snacks provided
	100m to entrance

Scrabble

Date	Friday 2 nd 9 th 16 th & 23 rd October
Time	9:00am - 1:00pm Boronia Cottage
Regardless if you are a wordsmith or just enjoy a friendly game, our weekly scrabble catch-up is a perfect place for you. Test your mind & your vocabulary in a welcoming atmosphere.	
	No additional cost & lunch provided
	100m to entrance

Board games

Date	Every Wednesday
Time	10:00am - 1:00pm North Lakes Hub
Whether it's playing an old classic or learning a new game, enjoy a fun-filled morning of board games & friendly competition.	
	No additional cost & lunch provided
	100m to entrance



Boronia BBQ Lunch

Date	Friday 30 th October
Time	10:00am - 2:00pm Boronia Cottage
Enjoy a classic BBQ experience with sizzling sausages, fresh salads and tasty treats. Let's come together and enjoy each other's company, fresh air and chat in a relaxed homelike environment.	
	Cost: \$15 BBQ lunch provided
	100m to entrance

SPECIAL EVENT

Boronia Cottage BBQ

Boronia Cottage : 138 Boronia Drive, Bellara

Date Friday 30th October

Time 10am to 2pm Boronia Cottage

Enjoy a classic BBQ experience with sizzling sausages, fresh salads and tasty treats.

Let's come together and enjoy each other's company, fresh air and chat in a relaxed homelike environment.

 \$15 - BBQ lunch provided

 Wheelchair Accessible

 100m to entrance

