



Social Connections Program

138 BORONIA DRIVE, BELLARA, QLD 4507

BRIBIE ISLAND & SURROUNDS

AUGUST 2026



Scan the QR code to help
shape Suncare's social
connections program.



Important information



BOOKING PROCESS:

Suncare is improving the way we manage registrations for our Social Connections programs.

Customers interested in attending our in centre based activities or social outings will now have from the 1st - 14th of each month prior to register interest in specific activities.

Expressions of interest will be received either by calling Suncare on 1800 786 227 or submitting an email to contact@suncare.org.au.

We kindly ask you do not contact your Lifestyle Coordinator as this will help ensure your interest is not missed.

ACTIVITY PRICING:

Suncare activities that attract additional pricing, including costs associated with tickets, meals or purchases are at your own cost. Where possible, prices will be listed.

TRANSPORT:

Transport is available to and from activities and outings, depending on your catchment area. Transport is charged separately. Times may vary, but the duration of activities remains the same.

CANCELLATION POLICY

Suncare policy requires all cancellations for scheduled in centre activities and social outings to be communicated with Suncare at least 24 hours or 1 x full business day, prior. Failure to notify Suncare will result in you being billed for the cancelled service.

This process allows us to ensure we have the correct resources for each activity and provides opportunity for someone else to attend in your place, that may have been on a waitlist.

CONFIRMATION CALLS:

Suncare will only contact those customers scheduled to attend an outing to confirm estimated transport pick up time. This call will be made the day before the outing.

WAITLISTS:

Suncare will make every effort to avoid waitlists for people wanting to participate in our in centre activities or social outings by applying additional resources where possible.

However, on occasion, this may be unavoidable. If a new spot becomes available, Suncare will use a lottery system to ensure it is fair and reasonable for everyone.



In Centre Day Respite - NOW AVAILABLE



Caring for a loved one is meaningful and rewarding, but at times, it can also be tiring and demanding. Taking regular time to rest, recharge, and look after your own wellbeing is essential for both carers and those they support.

Suncare's Day Respite program is designed to ease carer strain while providing a positive experience for customers.

Suncare's Day Respite program provides a safe, friendly, and engaging place to spend the day, offering the perfect balance of social connection, enjoyable activities, and supportive care. Our programs are designed for people who would like a day out in a relaxed environment while being supported by our caring and experienced staff.

Each Day Respite session offers a variety of activities that encourage connection and wellbeing. Depending on the day, this may include group games, creative activities, gentle movement, music, outings, or simply time to chat and relax with others.

Customers are encouraged to take part at their own pace, with plenty of choice and flexibility throughout the day.

Morning tea and lunch and afternoon tea provided, making it a comfortable and enjoyable experience from start to finish.

Day Respite offers valuable peace of mind for carers, knowing their loved ones are spending the day in a supportive setting, building friendships, and enjoying meaningful activities. Whether you attend regularly or just occasionally, you'll be welcomed into a warm community where everyone is respected, supported, and encouraged to enjoy their day.

To find out more or register your interest, please contact your Suncare Lifestyle Coordinator who will be happy to assist.



AUGUST 2026 Outing Program

138 BORONIA DRIVE, BELLARA, QLD 4507



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
3 QLD Art Gallery Location: South Brisbane Start: 10am Duration - 4hrs	4 Crafting with Heart Location: North Lakes Centre Start: 10:00am Duration: 3hrs	5 Suncare's Country Muster Location: Suncare Start: 10.00am Duration: 4 hours Cost: \$20	6 Banana Bender Pub Location: Palmview Start: 10:00am Duration: 4hrs	7 Scrabble and Board games Location: Boronia Cottage Start: 9:00am Duration: 4hrs	
				7 Op Shop Hop Margate Location: Redcliffe Start: 10:00am Duration: 3hrs	
10 River Cruise Location: Brisbane River Start: 10am Duration - 4hrs	11 Westfield Shopping Location: Chermside Start: 10am Duration - 3 hrs	12 EKKA SHOW DAY Public Holiday	13 EKKA Fun Day Location: North Lakes Centre Start: 10:00am Duration: 4hrs	14 Scrabble and Board games Location: Boronia Cottage Start: 9:00am Duration: 4hrs	
				14 Rustic Olive Location: Redcliffe Start: 10:00am Duration: 3hrs	
17 Mystery trip Location: Surprise on day Start: 10:00am Duration: 3hrs	18 Remote control plane Location: Caboolture Airfield Start: 9:30am Duration: 3hrs	19 Daffodil Day Fundraiser Location: North Lakes Centre Start: 10:00am Duration: 4hrs	20 Cycling Without Age Location: New Farm Start: 10:00am Duration: 4hrs	21 Scrabble and Board games Location: Boronia Cottage Start: 9:00am Duration: 4hrs	
				21 Crafting with Heart Location: North Lakes Centre Start: 10:00am Duration: 3hrs	
24 The Normanby Hotel Location: Kelvin Grove Start: 10:00am Duration: 4hrs	25 City Hall Concert Location: Brisbane Start: 10:00am Duration: 4hrs	26 Card Making Class Location: Boronia Cottage Start: 10am Duration: 3hrs	27 Mary Cairncross Reserve Location: Maleny Start: 10:00am Duration: 4hrs	28 Scrabble and Board games Location: Boronia Cottage Start: 9:00am Duration: 4hrs	
				28 Peninsula Motorfest Location: Woody Point Start: 10:00am Duration: 3hrs	
31 Scrapbooking Location: Boronia Cottage Start: 10:00am Duration: 3hrs	RESPIRE SERVICES NOW AVAILABLE: Suncare is now offering In-Centre Respite support at our North Lakes Community Hub Available every Wednesday from 8.00am - 4.00pm. Meals provided Bookings essential - please contact Suncare or your Lifestyle Coordinator				



To Register your Interest: CALL 1800 786 227 or EMAIL: contact@suncare.org.au.

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MONDAY 3RD AUGUST

QLD ART GALLERY

Location: South Brisbane
Start: 10:00am
Duration: 4hrs

About: Join us for a wonderful day of art, culture and great company.

We will be visiting the Queensland Art Gallery to explore inspiring exhibitions and amazing artwork.

Following this, we will enjoy a delicious lunch in a cafe near by.

Food and Drinks at own cost



TUESDAY 4TH AUGUST

CRAFTING WITH HEART

Location: North Lakes centre
Start: 10:00am
Duration: 3hrs

About: Love crafting? Want to make a difference in our community?

Join our crafting with heart group, where we create handmade items to donate to people who need a little extra care. It's a wonderful way to create, connect with others and give back to our community

Morning tea provided



WEDNESDAY 5TH AUGUST

COUNRTY MUSTER

Location: Maroochydore Hub
Start: 10:00am
Duration: 4hrs

About: Dust off your cowboy hats and get ready for a boot scootin' day out at the Suncare Country Muster.

Live entertainment and singing, a delicious country lunch and plenty of opportunity for some toe tapping fun!

Cost \$20 and includes lunch



THURSDAY 6TH AUGUST

BANANA BENDER PUB

Location: Palmview
Start: 10:00am
Duration: 4hrs

About: Do you want to experience the fun of one of Queensland's most quirky pubs?

Whether you're craving a hearty pub lunch or simply looking for a great day out, this is the perfect opportunity to enjoy good food and great company.

Food and Drinks at own cost



FRIDAY 7TH AUGUST

OP-SHOP HOP!

Location: Margate
Start: 10:00am
Duration: 3hr

About: Join us for a fun outing at the local Op-shops in Margate. We'll wander the aisles and hunt for bargains.

We will finish off with a light lunch at the Soul Harvest cafe'

Food and Drinks at own cost



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AUGUST 2026 Outing Program

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MONDAY 10TH AUGUST

RIVER CRUISE

Location: Brisbane River

Start: 10am

Duration: 4hr

About: We will spend the morning in Brisbane with a scenic cruise along the iconic Brisbane River.

We will hop on the MV Neptune and cruise past some of the city's most famous sights, while you listen to captivating stories from the crew!

Complimentary Devonshire tea is included

Additional \$49 to your account
(no cash payments)



TUESDAY 11TH AUGUST

WESTFIELD CHERMSIDE

Location: Chermside

Start: 10.00am

Duration: 3hr

About: Come for a fun day out shopping at Westfield in Chermside.

Browse your favourite stores – there is sure to be something for everyone.

Remember to bring your spending money



WEDNESDAY 12TH AUGUST

EKKA SHOW DAY

Public Holiday



THURSDAY 13TH AUGUST

EKKA FUN DAY

Location: North Lakes Centre

Start: 10am

Duration: 4hr

About: Our North Lakes Centre will be transformed into an EKKA carnival day!

Enjoy all the Ekka favourites, including delicious Dagwood Dogs and famous Strawberry Sundaes.

Test your skills in our fun games. Great prizes will be up for grabs

Laughs and making memories are guaranteed

Additional \$10 to your account
(no cash payments)



FRIDAY 14TH AUGUST

RUSTIC OLIVE

Location: Redcliffe Waterfront

Start: 10:00am

Duration: 3hr

About: The Rustic Olive is an authentic Italian restaurant serving traditional and modern cuisine – including pastas, pizzas, risottos, seafood, salads, steak and more!

With an extensive menu, there will certainly be something you will love.

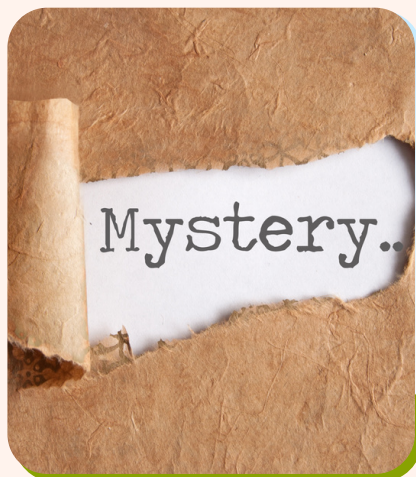
Food and Drinks at own cost



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MONDAY 17TH AUGUST

MYSTERY TRIP!!

Location: Surprise on the day
Start: 10:00am
Duration: 3hr

About: Get ready for an adventure full of surprises!

You help decide where we go. Place your ideas in the mystery box and we will draw one of the suggestions out before the day.

The destination will remain a mystery until we are on our way.

Food and Drinks at own cost



TUESDAY 18TH AUGUST

REMOTE CONTROL PLANES

Location: Caboolture Airfields
Duration: 3hr

About: Ever wanted to fly a plane?

While we can't help you earn your pilot's licence, we can give you the chance to experience the thrill of flying a remote-control aircraft!

Join us at Caboolture Airfield as Henry Snowden guides us through a fun morning of hands-on experience of flying the remote-control planes.

Morning Tea provided



WEDNESDAY 19TH AUGUST

DAFFODIL DAY

Location: North Lakes Centre
Duration: 4hr

About: For all that cancer takes, give all that you can this Daffodil Day.

We will be holding a morning tea fundraiser at our North Lakes Centre to help support the Cancer Council - Daffodil Day.

There will be a gorgeous morning tea, raffle prizes and much more!

Bring your generous heart and some funds to donate to this great cause.



THURSDAY 20TH AUGUST

CYCLING WITHOUT AGE

Location: New Farm Park
Start: 10:00am
Duration: 4hr

About: Cycling Without Age is a not-for-profit charity. They assist people to connect with the community by giving bike rides on trishaw ebikes, run by volunteer cyclists.

You don't ride the bike- this is done by the volunteers. You just enjoy the breeze and views.

Afterwards, we will stop for a bite to eat.

Drinks and treats at own cost



FRIDAY 21ST AUGUST

CRAFTING WITH HEART

Location: North Lakes centre
Start: 10:00am
Duration: 3hr

About: Love crafting? Want to make a difference in our community?

Join our crafting with heart group, where we create handmade items to donate to people who need a little extra care. It's a wonderful way to create, connect with others and give back.

Morning tea provided



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MONDAY 24TH AUGUST

NOMANBY HOTEL

Location: Kelvin Grove
Start: 10.00am
Duration: 4hr

About: The Normanby Hotel has stood in exactly the same place for over 130 years.

Since opening, it's been a legendary spot to catch up, unwind and create memories.

Let's head out for lunch and soak up the atmosphere.

Food and Drinks at own cost



TUESDAY 25TH AUGUST

CITY HALL CONCERT

Location: Brisbane City Hall
Start: 10.00am
Duration: 4hr

About: The Lord Mayor's City Hall Concerts presents **The Acoustic Guitar Spectacular**.

Three outstanding Australian guitarists play together for a concert of exceptional acoustic music.

Before the concert, we will stop at a nice local cafe'

Food and Drinks at own cost



WEDNESDAY 26TH AUGUST

CARD MAKING WORKSHOP

Location: Boronia Cottage
Start: 10.00am
Duration: 3hr

About: Join us for a creative and enjoyable card making workshop, led by one of our very own customers!!

Learn the different techniques of how to make beautiful handmade cards for all occasions.

This is a beginners class and all are welcome

Additional \$5 to your account (no cash payments)



THURSDAY 27TH AUGUST

MARY CAIRNCROSS RESERVE

Location: Maleny
Start: 10.00am
Duration: 4hr

About: Immerse your senses in a rainforest filled with plant and animal life overlooking the spectacular Glasshouse Mountains.

After a scenic drive, we will take some time out to enjoy the view at the Mountain View Café

Food and Drinks at own cost



FRIDAY 28TH AUGUST

MOTORFEST

Location: Woody Point
Start: 10.00am
Duration: 3hr

About: Rev up your engines and join us for one of Redcliffe's biggest automotive events!

Check out an amazing variety of classic, custom, muscle and modern vehicles.

After we finish admiring the cars, we will stop for a bite to eat and a cool drink at a local venue.

Food and Drinks at own cost



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MONDAY 31ST AUGUST

SCRAPBOOKING

Location: Boronia Cottage

Start: 10.00am

Duration: 3hr

About: Turn your favourite photos into beautiful keepsakes.

Bring your favourite photos and your creative spirit.

Includes all scrapbooking supplies and lunch.

Additional \$5 to your account - (no cash payments)



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