

BREAKFAST MENU

DECEMBER/JANUARY/FEBRUARY 2022-23



3 DAY	PACK 1
	1 x UHT Milk
	3 x Cereal Packets (PC)
	3 x Fruit Cups
	3 x Tea Bags
	3 x Coffee
	6 x Sugar

PACK 2
1 x UHT Milk
1 x Loaf of Bread
3 x Vegemite (PC)
3 x Honey (PC)
3 x Jam (PC)
3 x Butter (PC)
3 x Fruit Cups
3 x Tea Bags
3 x Coffee
6 x Sugar

5 DAY	PACK 1
	1 x UHT Milk
	5 x Cereal Packets (PC)
	5 x Fruit Cups
	5 x Tea Bags
	5 x Coffee
	10 x Sugar

PACK 2
1 x UHT Milk
1 x Loaf of Bread
5 x Vegemite (PC)
5 x Honey (PC)
5 x Jam (PC)
5 x Butter (PC)
5 x Fruit Cups
5 x Tea Bags
5 x Coffee
10 x Sugar

7 DAY	PACK 1
	2 x UHT Milk
	7 x Cereal Packets (PC)
	7 x Fruit Cups
	7 x Tea Bags
	7x Coffee
	14 x Sugar

PACK 2
1 x UHT Milk
1 x Loaf of Bread
1 x Fruit Loaf
7 x Vegemite (PC)
7 x Honey (PC)
7 x Jam (PC)
7 x Butter (PC)
7 x Fruit Cups
7 x Tea Bags
7 x Coffee
14 x Sugar

(PC) - Portion Control one use packets

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ALLERGEN ADVICE: Suncare takes great care to prevent allergens from entering any meals when not stated in ingredients. Suncare products are prepared in kitchens where allergens have been used previously, therefore products may contain traces of peanuts, tree nuts, dairy, wheat, fish, crustaceans, soy, sesame and/or egg.