

# Commonwealth Respite and Carelink Centre

## INFORMATION

Do you need to stay at home?

Are you looking for  
information about  
community aged care,  
disability and other  
support services?

**FRECALL™**  
**1800 052 222\***

to receive  
information about  
community care  
services available  
in your local area.

*The information is  
free and confidential.*

[www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)

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**1800 052 222\***

**AUSTRALIAN GOVERNMENT**

*\*Calls from mobile phones are charged at applicable rates*



## RESPIRE

Are you a family member, friend or neighbour  
caring for someone in the community who is  
frail aged, has dementia, a disability, a chronic  
health condition, a mental illness or requires  
palliative care?

We can assist you to take a break or have  
“timeout” from your caring role based  
upon your needs.

We are able to be contacted 24 hours a day,  
seven days per week in case of any emergencies.

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